

Club Young Person Guidance for Club Activity

Under 16

Although some of the SLSGB Awards (as listed below) have an assessment age that permits young people under the age of 16 to undertake the awards, special care must be taken to ensure that in any club volunteer activity they are not allowed to do anything which is likely to be harmful to their safety, health, and development. Particular attention must be given to age, physical development and lack of experience.

Common sense needs to be applied but not at the risk of putting young people in a situation beyond their capability or likely to cause them harm.

It is therefore recommended that:

A young person under the age of 14 is never asked to undertake safety cover in any capacity.

Those who are 14 and under 16 are only asked to undertake safety cover if they are supernumerary and do not form part of the Safety Cover Ratios required to comply with the risk assessment for the activity and are at all times supervised by a Competent Person.

Special care must be taken not to expose this age group to exposure to incidents likely to cause distress to their health, emotional and mental welfare or psychological harm.

Under 18

All under the age of 18 are Young People subject to the SLSGB Safeguarding Guidance. They may only undertake activity where there is physical and/or psychological risks, such as lifeguarding, where it is necessary for training, where an experienced person is supervising and where any risk is reduced to the lowest possible level.

List of Applicable Awards for those under the age of 16:

- Club Safety Tube Swimmer
- Club Safety Board Paddler
- Level 1 First Aider
- Level 2 Intermediate First Aid
- First Responder
- Beach Lifeguard Support